PLEASE EAT BEFORE YOU COME IN.

The following medications may be continued:

Antibiotics
Birth Control Pills
Cardiac (Heart) Medications
Diabetic Medications
Hormones
Prescription Sedatives
Seizure Medications
Thyroid Medications
Blood Pressure Medications

RAAS-108 (Rev 08.10.2020)

List Usual Medications (including Vitamins and Herbal)

Name, Dosage, and Frequency

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____
13. _____
14. _____
15. _____
16. _____
17. _____
18. _____
19. _____
20. _____

Richmond Allergy and Asthma Specialists, P.C.

Name _____

Appt. Date: _____

Important Information

*Regarding your Current **Medications** and your Appointment*

Some medications may interfere with allergy testing. Review the medications inside at least ***ONE WEEK BEFORE*** your visit.

Call if you have any questions about your medications.

***Check with your prescribing physician before stopping any medications.**

***Read package ingredients of any over the counter cold/ flu/ sinus and sleep medications.**

Discontinue ***one week*** before appointment or as soon as possible if less than 1 week:

Acrivastine
Advil PM
Alavert & Alavert D
Allegra & Allegra D
Amitriptyline
Antivert
Astelin
Astepro
Atarax
Atrovent
Azelastine
Bonine
Bromfed
Brompheniramine
Carbinoxamine
Cetirizine
Chlorpheniramine
Chlortrimeton
Clarinex
Claritin & Claritin D
Clemastine
Cyproheptadine
Desloratadine
Dimenhydrinate
Dimetapp
Doxepin
Doxylamine
Dramamine
Dymista
Elavil
Excedrin PM
Fexofenadine
Hydroxyzine
Ipratropium
Levocetirizine
Loratadine
Meclizine
Mirtazapine
Mucinex Allergy
Nyquil
Olopatadine
Patanase
Periactin
Phenergan
Phenyltoloxamine
Promethazine
Remeron
Semprex
Simply Sleep
Triaminic
Tylenol PM
Unisom
Vistaril
Xyzal
Zyrtec & Zyrtec D
Zzzquil

Vitamins, Herbal Medicines & Homeopathic Medicines

Discontinue ***3-5 days*** before appointment or as soon as possible if less than 5 days:

BENADRYL / DIPHENHYDRAMINE

(Stomach Medications)

Cimetidine
Famotidine
Metoclopramide
Nizatidine
Pepcid
Ranitidine
Zantac

Do not use ***the day of*** the appointment

(Anti-Inflammatory/Pain Medication)

Acetaminophen
Advil
Aleve
Aspirin
Butalbital
Celebrex
Celecoxib
Excedrin
Fioricet
Ibuprofen
Indocin
Indomethacin
Ketoprofen
Midrin
Motrin
Nabumetone
Naproxen
Tylenol

(Nasal Sprays)

Beclomethasone
Budesonide
Cromolyn
Flonase
Flonase-Sensimist
Flunisolide
Fluticasone
Mometasone
Nasacort
Nasonex
Omnaris
Qnasl
Rhinocort
Triamcinolone
Zetonna

(Eye Drops)

Acular
Alaway
Alocril
Alomide
Azelastine
Bepreve
Claritin
Elestat
Emadine
Epinastine
Ketorolac
Ketotifen
Lastacaft
Naphcon
Olopatadine
Opcon
Optivar
Pataday
Patanol
Zaditor
Zyrtec

Topical Steroids, Cortisone Creams & Ointments

Do not use ***the day of*** the appointment

ASTHMA MEDICATIONS:

(Inhaled Steroids)

Advair
Breo
Alvesco
Asmanex
Dulera
Flovent
Pulmicort
Symbicort
QVAR

(Inhaled Bronchodilators)

Albuterol
Atrovent
Combivent
DuoNeb
Ipratropium
Levalbuterol
ProAir
Proventil
Spiriva
Ventolin
Xopenex

(Oral Bronchodilators)

Albuterol
Terbutaline
Ventolin
Vospire ER

(Oral Steroids)

Medrol
Methylprednisolone
Orapred
Pediapred
Prednisolone
Prednisone
Prelone

(Oral Theophylline)

Theo-24
Theo-Dur
Uniphyl

(Leukotriene Modifiers)

Accolate
Montelukast
Singulair
Zafirlukast
Zyflo